

Varsity

June 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 Workout 7-9am	9 Workout 7-9am	10 Workout 7-9am	11 Workout 7-9am	12 Make Up 8-9:30am	13 Golf Tournament
14	15 Workout 7-9am	16 Workout 7-9am	17 Workout 7-9am	18 Workout 7-9am	19 Make Up 8-9:30am	20
21	22 Workout 7-9am	23 Workout 7-9am	24 Workout 7-9am	25 Workout 7-9am	26 Make Up 8-9:30am	27
28	29	30				

July 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Workout 7-9am Briarwood 5pm	7 Workout 7-9am Briarwood 5pm	8 Workout 7-9am	9 Workout 7-9am	10 Make Up 8- 9:30am	11
12	13 Workout 7-9am	14 Workout 7-9am	15 Workout 7-9am	16 Workout 7-9am	17 Make Up 8- 9:30am	18
19	20 Workout 7-9am Chelsea 3pm	21 Workout 7-9am Southeastern Line Camp	22 Workout 7-9am Southeastern Line Camp	23 Workout 7-9am Picture Day	24 Make Up 8- 9:30am	25
26 Parent Meeting 3pm	27 Workout 7-9am	28 Workout 7-9am	29	30	31	

9th Grade

July 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Canada Day	2	3	4 Independence Day
5	6	7 Work Out 9am - 11am	8 Work Out 9am - 11am	9 Work Out 9am - 11am	10	11
12	13	14 Work Out 9am - 11am	15 Work Out 9am - 11am	16 Work Out 9am - 11am	17	18
19	20	21 Work Out 9am - 11am	22 Work Out 9am - 11am	23 July 23rd Picture 9:30 Work Out follow	24	25
26	27	28	29	30	31	

9th Grade

June 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9 Work Out 9am-11am	10 Work Out 9am-11am	11 Work Out 9am-11am	12	13
14 Flag Day	15	16 Work Out 9am-11am	17 Work Out 9am-11am	18 Work Out 9am-11am	19	20
21 Father's Day Summer begins	22	23 Work Out 9am-11am	24 Work Out 9am-11am	25 Work Out 9am-11am	26	27
28	29	30				